

CENTENNIAL



100 YEARS OF ADVANCING THE ART AND  
SCIENCE OF ORTHOPAEDIC SURGERY

CLINICAL ORTHOPAEDIC SOCIETY

100<sup>TH</sup>

ANNIVERSARY MEETING

SEPTEMBER 13 - 15, 2012  
THE PALMER HOUSE HILTON  
CHICAGO, ILLINOIS

Featuring  
LIVE PATIENT PRESENTATIONS

SITE OF THE ORIGINAL MEETING OF THE CENTRAL STATES ORTHOPAEDIC CLUB  
ON DECEMBER 18- 19, 1912

CENTENNIAL



100 YEARS OF ADVANCING THE ART AND  
SCIENCE OF ORTHOPAEDIC SURGERY

# CLINICAL ORTHOPAEDIC SOCIETY

2011 - 2012  
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Pietro Tonino, MD

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Welcome from the President



Dear Colleagues,

You have in your hands the Preliminary Program for the 100th Anniversary Clinical Orthopaedic Society meeting and I heartily invite you to attend. It promises to be an excellent meeting set in the exciting city of Chicago.

Pietro Tonino, MD, of Loyola has put together a wonderful scientific program that is broad-ranging. He has been able to draw upon the vast depth of orthopaedic expertise in the Chicago area. There are five residency programs in the Chicago area and we are fortunate enough to have faculty from almost all of the programs.

The Presidential speakers include Richard Rothman, MD, of Philadelphia and Thomas Schmalzried, MD, of Los Angeles.

Dr. Rothman is well known for his seminal book on *The Spine*, but more importantly for his work in joint Arthroplasty and the business of medicine. The Rothman Institute is one of a kind and is the result of forty years of planning, work and vision.

Dr. Schmalzried is well known for his work in joint Arthroplasty, and has been honored with four Hip Society awards. One of his current interests is to quantify patient activity after total joint replacement. He is an excellent teacher and speaker, and is highly respected.

Charles Rockwood, MD, of San Antonio is the J. Elmer Nix Ethics Lecturer. He has had a lasting influence on many orthopaedic surgeons, and is one of the icons of shoulder surgery. Dr. Rockwood's name is also synonymous with the Rockwood and Green longstanding textbook of fracture care. He is quite outspoken and a passionate speaker.

Be sure to attend the Friday 100th Anniversary Gala, which promises to be a night to remember. Thursday night is our Dine Around, which is another great opportunity to catch up with friends.

On behalf of the Clinical Orthopaedic Society Board of Directors, I sincerely hope that you will make time in your busy schedule to attend this landmark occasion this September in Chicago, September 13-15, 2012.

Sincerely,

Bess E. Brackett, MD  
COS President

# 100TH ANNIVERSARY MEETING FACULTY

**Samer Attar, MD**

Assistant Professor  
Northwestern University Feinberg School  
of Medicine  
Chicago, IL

**Michael S. Bednar, MD**

Professor  
Loyola University Medical Center  
Maywood, IL

**E. Boone Brackett III, MD**

Westgate Orthopaedics, Ltd.  
Oak Park, IL

**Charles A. Bush-Joseph, MD**

Professor  
Rush University Medical Center  
Chicago, IL

**Christine B. Caltoum, MD**

Assistant Professor  
Indiana University School of Medicine  
Indianapolis, IN

**Teresa Cappello, MD**

Assistant Professor  
Loyola University Medical Center  
Maywood, IL

**Mark S. Cohen, MD**

Professor  
Director of Orthopaedic Education  
Director, Hand and Elbow Section  
Rush University Medical Center  
Chicago, IL

**Alexander J. Ghanayem, MD**

Director, Division of Spine Surgery  
Professor, Orthopaedic Surgery  
Loyola University Medical Center  
Maywood, IL

**Steve L. Haddad, MD**

Illinois Bone and Joint Institute, LLC  
Chicago, IL

**Rex C. Haydon, MD, PhD**

Associate Professor  
University of Chicago  
Chicago, IL

**Sherwin Ho, MD**

Director, Sports Medicine Fellowship  
Associate Professor  
University of Chicago  
Chicago, IL

**William Hopkinson, MD**

Professor  
Loyola University Medical Center  
Maywood, IL

**Wellington K. Hsu, MD**

Assistant Professor  
Northwestern University  
Chicago, IL

**Mark R. Hutchinson, MD**

Professor of Orthopaedics and Sports Medicine  
University of Illinois at Chicago  
Chicago, IL

**Joseph A. Janicki, MD**

Assistant Professor  
Children's Memorial Hospital  
Chicago, IL

**Armen S. Kelikian, MD**

Professor  
NOI Northshore Orthopaedics  
Chicago, IL

**Jason L. Koh, MD**

Clinical Associate Professor  
University of Chicago  
Pritzker School of Medicine  
Evanston, IL

**L. Andrew Koman, MD**

Department Chair  
Wake Forest Baptist Health  
Winston-Salem, NC

**James C. Kudrna, MD, PhD**

Associate Professor  
University of Chicago  
Pritzker School of Medicine  
Chicago, IL

**Terry R. Light, MD**

Dr. William M. Scholl, Professor and Chair  
Loyola Stritch School of Medicine  
Maywood, IL

**Hue H. Luu, MD**

Assistant Professor  
University of Chicago  
Chicago, IL

**David Manning, MD**

Associate Professor  
Northwestern University  
Chicago, IL

**Steven Mardjetko, MD**

Assistant Professor  
Illinois Bone and Joint Institute  
Chicago, IL

**Richard M. Marks, MD, FACS**

Professor  
Medical College of Wisconsin  
Milwaukee, WI

**Frederick N. Meyer**

Professor and Chairman  
University of South Alabama  
Mobile, AL

**Erika Mitchell, MD**

Assistant Professor  
Loyola University Medical Center  
Maywood, IL

**Daniel J. Nagle, MD**

Professor  
Northwestern University Feinberg School  
of Medicine  
Chicago, IL

**Gordon W. Nuber, MD**

Professor  
Northwestern University Feinberg School  
of Medicine  
Chicago, IL

**Michael S. Pinzur, MD**

Professor  
Loyola University School of Medicine  
Maywood, IL

**Harold W. Rees, MD**

Assistant Professor  
Loyola University Medical Center  
Maywood, IL

**Charles A. Rockwood, Jr., MD**

Professor  
UT Health Science Center at San Antonio  
San Antonio, TX

**Richard H. Rothman, MD, PhD**

James Edwards Professor  
Rothman Institute at Thomas  
Jefferson University  
Philadelphia, PA

**Thomas P. Schmalzried, MD**

Medical Director  
Joint Replacement Institute at St. Vincent  
Medical Center  
Los Angeles, CA

**Robert Steffner, MD**

University of Chicago  
Chicago, IL

**Michael Stover, MD**

Assistant Professor  
Loyola University Medical Center  
Maywood, IL

**Hobie Summers, MD**

Assistant Professor  
Loyola University Medical Center  
Maywood, IL

**Howard J. Sweeney, MD**

Director  
Northshore University Health System  
Evanston, IL

**Brian C. Toolan, MD**

Professor and Residency Program Director  
University of Chicago  
Chicago, IL

**William C. Warner, Jr., MD**

Professor  
Campbell Clinic – University of Tennessee  
Germantown, TN

**Drew E. Warnick, MD**

Affiliate Assistant Professor  
University of South Florida  
Surgical Director  
Children's Orthopaedics and Scoliosis  
Surgery Associates, LLP  
St. Petersburg, FL

**Karen Wu, MD**

Assistant Professor – Adult  
Reconstructive Surgery  
Loyola University Medical Center  
Maywood, IL



# 100TH ANNIVERSARY MEETING PROGRAM

## THURSDAY, SEPTEMBER 13, 2012

- 6:30 am - 1:45 pm **Registration**  
6:30 am - 7:00 am **Breakfast with Exhibitors**  
7:00 am - 7:15 am **Welcome and Opening Remarks** - Bess E. Brackett, MD  
7:15 am - 7:30 am **History of the Clinical Orthopaedic Society** - E. Boone Brackett III, MD

### **SPINE SESSION** - Moderator: William C. Warner, Jr., MD

- 7:30 am - 7:45 am **Current Concepts in Evaluation and Management of Pediatric Spinal Deformity** - Steven Mardjetko, MD  
7:45 am - 8:00 am **Return to Play After Spine Injuries in the Non-Professional Athlete** - Wellington K. Hsu, MD  
8:00 am - 8:15 am **Masquerading Conditions and the Spine** - Alexander J. Ghanayem, MD  
8:15 am - 8:25 am **Discussion / Q & A**

### **PEDIATRIC SESSION** - Moderator: William C. Warner, Jr., MD

- 8:25 am - 8:40 am **SCFE: Current Trends in Treatment** - Joseph A. Janicki, MD  
8:40 am - 8:55 am **An Update on the Diagnosis of Pediatric Septic Joints** - Teresa Cappello, MD  
8:55 am - 9:10 am **Pediatric Radius and Ulna Shaft Fractures: Staying out of Trouble** - Christine B. Caltoun, MD  
9:10 am - 9:20 am **Discussion / Q & A**  
9:20 am - 10:00 am **Break with Exhibitors**

### **TUMOR SESSION** - Moderator: Rex C. Haydon, MD, PhD

- 10:00 am - 10:15 am **Management of Peri-Acetabular Metastatic Disease** - Samer Attar, MD  
10:15 am - 10:30 am **Guidelines for Reconstruction after Pelvic Resections** - Rex C. Haydon, MD, PhD  
10:30 am - 10:45 am **Computer-Navigated Surgery in Orthopaedic Oncology** - Hue H. Luu, MD  
10:45 am - 11:00 am **Adjuvant Treatment after Intralesional Surgery for Bone Tumors** - Robert Steffner, MD  
11:00 am - 11:15 am **Discussion / Q&A**

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11:15 am - 11:30 am **Presidential Guest Speaker - Dr. Thomas P. Schmalzried - Patient Activity Levels After Arthroplasty**

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11:30 am - 12:00 pm **Live Patient Presentation**

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12:00 pm - 12:15 pm **Presidential Guest Speaker - Dr. Thomas P. Schmalzried - The Importance of Proper Acetabular Component Position and the Challenges to Achieving It**

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12:15 pm - 1:15 pm **Exhibitor Lunch**

### **TRAUMA SESSION** - Moderator: L. Andrew Koman, MD

- 1:15 pm - 1:30 pm **Trends in Treatment of Hip Fractures** - Michael Stover, MD  
1:30 pm - 1:45 pm **Treatment Decisions and Surgical Techniques for Treatment of Humerus Fractures** - Hobie Summers, MD  
1:45 pm - 2:00 pm **Optimizing Fracture Treatment in the Elderly** - Erika Mitchell, MD  
2:00 pm - 2:15 pm **Distal Radius Fractures: When to operate** - L. Andrew Koman, MD  
2:15 pm - 2:30 pm **Discussion / Q & A**  
2:30 pm **Meeting Adjourns**  
6:00 pm **Dine-Around**

## FRIDAY, SEPTEMBER 14, 2012

- 7:00 am - 1:15 pm **Registration**  
7:00 am - 8:00 am **Breakfast with Exhibitors**  
8:00 am - 8:15 am **The Electronic Medical Record - From a patient and physician perspective** - E. Boone Brackett III, MD  
8:15 am - 9:00 am **Resident Papers with Discussion** - Moderator: L. Andrew Koman, MD  
9:00 am - 9:15 am **What is the Best Treatment for Fractures of the Proximal Humerus in the Elderly Patient**  
Charles A. Rockwood, Jr., MD

# 100TH ANNIVERSARY MEETING PROGRAM

## **HIP AND KNEE ARTHROPLASTY SESSION** - Moderator: William Hopkinson, MD

9:15 am - 9:30 am	<b>The Difficult Knee Arthroplasty</b> - David Manning, MD
9:30 am - 9:45 am	<b>Prosthetic Joint Infections</b> - Harold W. Rees, MD
9:45 am - 10:00 am	<b>Alternate Bearings in Total Hip Arthroplasty</b> - James C. Kudrna, MD, PhD
10:00 am - 10:15 am	<b>Hip Instability following Total Hip Arthroplasty</b> - Karen Wu, MD
10:15 am - 10:25 am	<b>Discussion / Q &amp; A</b>
10:25 am - 10:45 am	<b>Break with Exhibitors</b>
10:45 am - 11:00 am	<b>Presidential Guest Speaker - Richard H. Rothman, MD, PhD - Creating A Center of Excellence</b>
11:00 am - 11:30 am	<b>Business Meeting</b>
11:30 am - 12:00 pm	<b>Nix Award Presentation - Charles A. Rockwood, Jr., MD - Ethics, Professionalism, Orthopaedics and Industry</b>
12:00 pm - 1:00 pm	<b>Sponsored Lunch Session</b>
1:00 pm - 1:30 pm	<b>Live Patient Presentation</b>

## **SPORTS MEDICINE AND ARTHROSCOPY SESSION** - Moderator: Sherwin Ho, MD

1:30 pm - 1:45 pm	<b>Thoughts on Effective Teaching - Basic Arthroscopy Skills</b> - Howard J. Sweeney, MD
1:45 pm - 2:00 pm	<b>Current Concepts in Shoulder Arthroscopy</b> - Gordon W. Nuber, MD
2:00 pm - 2:15 pm	<b>Pediatric Anterior Cruciate Ligament Injuries</b> - Drew E. Warnick, MD
2:15 pm - 2:30 pm	<b>Update on Hip Arthroscopy</b> - Sherwin Ho, MD
2:30 pm - 2:45 pm	<b>Current Concepts in Meniscus Injuries</b> - Mark R. Hutchinson, MD
2:45 pm - 3:00 pm	<b>Current Concepts in Throwing Injuries</b> - Charles A. Bush-Joseph, MD
3:00 pm - 3:15 pm	<b>Patellofemoral Instability: State of the Art</b> - Jason L. Koh, MD
3:15 pm - 3:25 pm	<b>Discussion / Q &amp; A</b>
3:25 pm	<b>Meeting Adjourns</b>
	<b>100th Anniversary Gala Celebration</b>

## **SATURDAY, SEPTEMBER 15, 2012**

6:30 am - 10:30 am	<b>Registration</b>
6:30 am - 7:30 am	<b>Continental Breakfast</b>
7:30 am - 8:30 am	<b>Resident Papers with Discussion</b> - Moderator: Frederick N. Meyer, MD

## **FOOT AND ANKLE SESSION** - Moderator: Michael S. Pinzur, MD

8:30 am - 8:45 am	<b>Circular Fixation in Non-Plantigrade charcot Foot Deformity</b> - Michael S. Pinzur, MD
8:45 am - 9:00 am	<b>Malunion of Calcaneus Fractures - A Treatable Condition</b> - Steve L. Haddad, MD
9:00 am - 9:15 am	<b>Comparisons of Total Ankle Arthroplasty and Arthroscopically Assisted Ankle Arthodesis for End Stage Arthritis</b> - Armen S. Kelikian, MD
9:15 am - 9:30 am	<b>The Adult Acquired Flat Foot: What to do?</b> - Richard M. Marks, MD, FACS
9:30 am - 9:45 am	<b>Chronic Instability of Syndesmosis after Rotational Ankle Fracture</b> - Brian C. Toolan, MD
9:45 am - 10:00 am	<b>Discussion / Q&amp;A</b>
10:00 am - 10:30 am	<b>Live Patient Presentation</b>
10:30 am - 10:45 am	<b>Coffee Break</b>
10:45 am - 11:00 am	<b>Presidential Guest Speaker - Richard H. Rothman, MD, PhD - Evidence-Based Medicine - Is Purity a Virtue?</b>

## **HAND AND WRIST SESSION** - Moderator: Terry R. Light, MD

11:00 am - 11:15 am	<b>Advances in Tendon Transfer Surgery</b> - Michael S. Bednar, MD
11:15 am - 11:30 am	<b>Ulnar Abutment Syndrome</b> - Daniel J. Nagle, MD
11:30 am - 11:45 am	<b>Innovations in Wrist Ligament Repair and Reconstruction</b> - Mark S. Cohen, MD
11:45 am - 12:00 pm	<b>Discussion / Q&amp;A</b>
12:00 pm - 12:30 pm	<b>Presidential Address / Passing of the Presidential Gavel</b> - Bess E. Brackett, MD / William C. Warner, Jr., MD
12:30 pm	<b>Meeting Adjourns</b>

# THE PALMER HOUSE HILTON

17 East Monroe Street  
Chicago, Illinois

Telephone: (312) 726-7500 • Fax: (312) 917-1707

For room rates and reservations, please visit:  
[www.cosociety.org/annual\\_meetings.iphtml](http://www.cosociety.org/annual_meetings.iphtml)

Reservations requested after the group cut-off date  
are subject to availability. Cut-off Date: August 10, 2012



THE PALMER HOUSE LOBBY

## MEETING MISSION STATEMENT

The 2012 100th Anniversary Meeting of the Clinical Orthopaedic Society will offer participants a comprehensive review of orthopaedic conditions including sports medicine and arthroscopy, patient safety, trauma, foot and ankle, pediatric orthopedics, and upper extremity surgery. Meeting attendees will review tried and true methods of diagnosis and treatments in addition to acquiring knowledge in the latest diagnostic and treatment techniques in each of these areas. The COS program faculty for 2012 are experts in the orthopedic sub-specialty topics represented and will be available to clinicians throughout the meeting. Dialogue and interaction between the audience and presenters will be highly encouraged.

Highlighting this year's program are Live Patient Presentations that will allow participants to view patient-physician interactions. This program is sponsored by the Clinical Orthopaedic Society for members and non-members, and has been designed to meet the needs of practicing orthopaedic surgeons.

## TARGET AUDIENCE

Orthopaedic surgeons, orthopaedic residents, sports medicine physicians, physician assistants, nurse practitioners, nurses, physician therapists, occupational therapists, trainers and other allied health personnel, epidemiologists, researchers, and all those involved with the care of patients with orthopaedic conditions will benefit from attending the 2012 100th Anniversary Meeting of the Clinical Orthopaedic Society.

## ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and Clinical Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of **15 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## COURSE OBJECTIVES

### Spine

Update on the most recent techniques in pediatric spine. Understand the most common treatments for spine trauma and spine conditions.

### Pediatrics

Learn the most up-to-date trends in the evaluation and treatment of SCFE and pediatric joint infections. How to avoid complications with pediatric forearm fractures.

### Tumor

Learn how to manage periacetabular metastatic disease and understand guidelines for reconstruction after resection of pelvic tumors. Understand different types of adjuvant treatment of intralesional surgery of bone tumors.

### Trauma

Learn the most recent treatment of common hip fractures and proximal humeral fractures. Understand how to optimize treatment of fractures in the elderly and when to operate on fractures of the distal radius.

### Arthroplasty

Understand how to deal with complex arthroplasty conditions of the knee and prosthetic joint infections and postoperative instability. Learn about alternate bearings in total hip arthroplasty.

### Sports and Arthroscopy

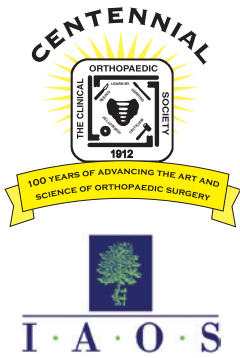
Understand how to treat pediatric ACL injuries, and learn current arthroscopic treatment of common hip conditions and meniscal injuries. Learn how to evaluate and treat common throwing injuries and patellofemoral instability. Learn how to teach arthroscopy in underserved areas.

### Foot and Ankle

Learn how to deal with complex foot conditions such as charcot foot and malunited calcaneal fractures. Understand how to evaluate and treat ankle arthritis and posterior tibial dysfunction and chronic instability associated with rotational ankle fractures.

### Hand and Wrist

Learn how to evaluate and treat hand and wrist conditions that require tendon transfers and how to complete wrist reconstructions. Understand concepts of treatment of ulnar abutment syndrome.



# MEETING REGISTRATION FORM

## CLINICAL ORTHOPAEDIC SOCIETY ILLINOIS ASSOCIATION OF ORTHOPAEDIC SURGEONS

### 100TH ANNIVERSARY MEETING SEPTEMBER 13 - 15, 2012 • CHICAGO, IL

PLEASE PRINT OR TYPE

Name \_\_\_\_\_  

Last
First
MI
 MD     PhD     DO  
 CRNA     Other: \_\_\_\_\_

Preferred Mailing Address \_\_\_\_\_

City / State / Zip \_\_\_\_\_ Email Address\* \_\_\_\_\_

Office Phone \_\_\_\_\_ Home Phone \_\_\_\_\_ Fax # \_\_\_\_\_

**Registration Policy:** All attendees including spouse/guest must pay a registration fee to attend any COS event unless otherwise noted below. Badges are required for entrance to all scientific sessions and social functions. Registration fees include: Welcome Reception, Physician and spouse/guest breakfast and breaks, **plus Live Patient Case Presentations**. All fees help to cover meeting expenses. Please complete all areas on this form. All fees are per person.

\*E-Mail required for registration confirmation.

Check all that apply	Through 8/10/12	After 8/10/12	= \$ _____
<input type="checkbox"/> Clinical Orthopaedic Society Member	\$675	\$775	= \$ _____
<input type="checkbox"/> IL Registrants - IAOS Member	\$675	\$775	= \$ _____
<input type="checkbox"/> Non-Member - US and Canada	\$775	\$875	= \$ _____
<input type="checkbox"/> Emeritus	\$320	\$345	= \$ _____
<input type="checkbox"/> First Year/Candidate Member	\$320	\$345	= \$ _____
<input type="checkbox"/> Physician Assistant	\$595	\$695	= \$ _____
<input type="checkbox"/> Orthopaedic Resident*	Fee waived	Fee waived	= \$ _____
<input type="checkbox"/> 100th Anniversary Gala (Friday Night) # of tickets _____	\$125 each	\$125 each	= \$ _____
<input type="checkbox"/> Spouse/Guest(s), Morning Hospitality (includes 3 Breakfasts and President's Reception) # of tickets _____	\$75 each	\$75 each	= \$ _____
Name: _____ E-Mail: _____			

**Please visit [www.cosociety.org](http://www.cosociety.org) to sign up for the Thursday Dine-Around.**

\* When accompanied by a letter from department chair, verifying resident status.

**TOTAL = \$ \_\_\_\_\_**

**Please Send Payment to:**

**Clinical Orthopaedic Society, 2209 Dickens Road, Richmond, VA 23230-2005**

Credit card payments may be faxed to (804) 282-0090. If paying by check, please make check payable to COS.

Personal Check     VISA     MasterCard     Discover     American Express

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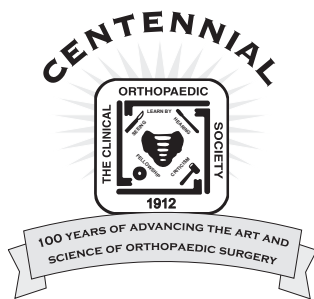
Card Billing Address \_\_\_\_\_ Card Billing Zip \_\_\_\_\_

Refund Policy: 50% refund through 8/31/12; no refunds after 8/31/12. Refund will be determined by date *written* cancellation is received.

**If you do not receive a confirmation letter from the COS within 30 days of submitting your registration, please call the office at (804) 565-6366 or email: [cos@societyhq.com](mailto:cos@societyhq.com) to confirm that your registration material has been received.**

Visit [www.cosociety.org](http://www.cosociety.org) for program updates!





Clinical Orthopaedic Society  
2209 Dickens Road  
Richmond, VA 23230-2005

CLINICAL ORTHOPAEDIC SOCIETY

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**ANNIVERSARY MEETING**

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**THE PALMER HOUSE HILTON**

**CHICAGO, ILLINOIS**

SITE OF THE ORIGINAL MEETING OF THE CENTRAL STATES ORTHOPAEDIC CLUB  
ON DECEMBER 18 - 19, 1912

For up-to-date program and registration information, please visit [www.cosociety.org](http://www.cosociety.org)

Or call (804) 565-6366